Grief Readings

* How to survive the Loss of a Love: Fifty-Eight Things to Do When There is Nothing to Be Done – by Melba Colgrove, Harold H. Bloomfield, and Peter McWilliams.

* Advice on Dying and Living a Better Life – by His Holiness, The Dalai Lama.


* Healing After the Suicide of a Loved One – by Ann Smolin and John Guinan.


* Healing Your Grieving Heart for Teens: 100 Practical Ideas – by Alan D. Wolfelt.

* Healing Your Grieving Heart for Kids: 100 Practical Ideas – by Alan D. Wolfelt.

* Men & Grief – by Carol Staudacher


* Healing Your Grieving Heart: 100 Practical Ideas – by Alan D. Wolfelt.
* Healing A Spouse’s Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies – by Alan D. Wolfelt.
* Caring For Your Grieving Child – by Martha Wakenshaw.
* How To Go On Living When Someone You Love Dies – by Therese A. Rando
* I Wasn't Ready to Say Goodbye: Surviving, Coping and Healing After the Sudden Death of a Loved One – by Brook Noel, Pamela D. Blair
* The Grief Recovery Handbook : The Action Program for Moving Beyond Death Divorce, and Other Losses – by John W. James, Russell Friedman
* Grief's Courageous Journey: A Workbook – by Sandi Caplan, Gordon Lang
* Good Grief : A Constructive Approach to the Problem of Loss – by Granger E. Westberg
* 35 Ways to Help a Grieving Child – by Dougy Center Staff
* After Suicide – by John H. Hewett, Wayne E. Oates
* After the Darkest Hour the Sun Will Shine Again: A Parent's Guide to Coping With the Loss of a Child – by Elizabeth Mehren, Harold Kushner
* The Empty Room: Surviving the Loss of a Brother or Sister at Any Age – by Elizabeth Devita-raeburn
* On Death and Dying – by Elisabeth Kubler Ross
* After Goodbye: How to Begin Again After the Death of Someone You Love –by Theodore Menten
* In the Center of the Night; A Journey Through a Bereavement – by Jayne Blankenship
* Companion Through the Darkness; Inner Dialogues on Grief – by Stephanie Ericsson
* How to Survive the Loss of Love; Surviving, Healing, & Growing: A Workbook – by Colgrove, Bloomfield, and McWilliams

* Life After Loss – by Bob Deits

* What Will Help Me?; 12 Things to remember When You Have Suffered a Loss – by James E. Miller

* Letters to my Husband – by Fern Field Brooks

* Helping Children Grieve: When Someone They Love Dies – by Theresa M. Huntley

* One Step at a Time: Mourning a Child – by Betty Madill

* Faithquake: Rebuilding Your Faith after Tragedy Strikes – by Doug Herman

* Readings For Adults – by Marty Tousley

  A Broken Heart Still Beats: After Your Child Dies

  Ambiguous Loss: Learning to Live With Unresolved Grief

  Angel Catcher: A Journal of Loss and Remembrance

  Finding Your Way through Grief: A Guide for the First Year

  Fatherless Women: How We Change After We Lose Our Dads

  Father Loss: How Sons of All Ages Come to Terms with the Deaths of Their Dads

  The Four Things That Matter Most: A Book about Living

  The Funeral: A Chance to Touch, a Chance to Serve, a Chance to Heal

  A Garden of Love and Healing: Living Tributes to Those We Have Loved and Lost

  God's Gift of Love: After-Death Communications

  Grief Expressed: When a Mate Dies

  Grief's Courageous Journey: A Workbook
Grieving the Death of a Friend

Gifts from the Unknown: Using Extraordinary Experiences to Cope with Loss and Change

The Heart of Grief: Death and the Search for Lasting Love

Hospice Hounds: Animals and Healing at the Borders of Death

How Do We Tell the Children? A Step-by-Step Guide

How to Survive the Loss of a Love

Liberating Losses: When Death Brings Relief

Life after Loss: A Personal Guide Dealing with Death, Divorce, Job Change & Relocation

Life after Loss: Conquering Grief and Finding Hope

Life Is Goodbye, Life Is Hello: Grieving Well Through All Kinds of Loss

The Lively Shadow: Living With the Death of a Child

Love Never Dies: A Mother's Journey from Loss to Love

Men and Grief: A Guide for Men Surviving the Death of a Loved One

Men Don't Cry, Women Do: Transcending Gender Stereotypes of Grief

No Time to Say Goodbye: Surviving the Suicide of A Loved One

The Mourning Handbook: A Comprehensive Resource on Coping with Death and Dying

Re-membering Lives: Conversations with the Dying and the Bereaved

Silent Grief: Living in the Wake of Suicide

Swallowed by a Snake: The Gift of the Masculine Side of Healing

Transcending Loss: Understanding the Lifelong Impact of Grief & How to Make It Meaningful

Tear Soup: A Recipe for Healing after Loss
A Walk through Grief: Crossing the Bridge between Worlds
The Way of Transition: Embracing Life's Most Difficult Moments
What to Do When the Police Leave: A Guide to the First Days of Traumatic Loss
When Bad Things Happen to Good People
When Men Grieve: Why Men Grieve Differently & How You Can Help
Wombmates: Surviving the Death of a Sibling
Writing to Heal the Soul: Transforming Grief and Loss through Writing
Resources on the Web

www.griefhealing.com/columnsbooks.htm
www.doerrconsulting.com/books.htm
www.aplacetoremember.com
www.centeringcorp.com/catalog/index.php
www.erichad.com/books.htm
www.webhealing.com/links.html
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www.inlovingmemoryonline.com/books2.html
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