

## Website Resources & Grief Readings

### For All Loss

- Websites

- [www.centerforloss.com](http://www.centerforloss.com)
- [www.counselingforloss.com](http://www.counselingforloss.com)
- [www.webhealing.com](http://www.webhealing.com)
- [www.growingthroughgrief.com](http://www.growingthroughgrief.com)
- <http://griefnet.org>
- [griefhealing.com](http://griefhealing.com)
- [www.griefrecovery.com](http://www.griefrecovery.com)
- <https://griefstories.org/>

- Readings

- [www.bereavementmag.com](http://www.bereavementmag.com)
- [www.griefandrenewal.com/books\\_grief.htm](http://www.griefandrenewal.com/books_grief.htm)
- How to survive the Loss of a Love: Fifty-Eight Things to Do When There is Nothing to Be Done – by Melba Colgrove, Harold H. Bloomfield, and Peter McWilliams
- Beyond Grief: A Guide to Recovering From the Death of a Loved One – by Carol Staudacher
- Grief's Courageous Journey: A Workbook – by S. Caplan and G. Lang
- The Grief Recovery Handbook: Step-by-Step Program for Moving Beyond Loss – by John W. James and Frank Cherry
- Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart – by Alan D. Wolfelt
- Healing Your Grieving Heart: 100 Practical Ideas – by Alan D. Wolfelt
- How To Go On Living When Someone You Love Dies – by Therese A. Rando
- I Wasn't Ready to Say Goodbye: Surviving, Coping and Healing After the Sudden Death of a Loved One – by Brook Noel, Pamela D. Blair
- The Grief Recovery Handbook : The Action Program for Moving Beyond Death Divorce, and Other Losses –by John W. James, Russell Friedman
- Grief's Courageous Journey: A Workbook – by Sandi Caplan, Gordon Lang
- Good Grief : A Constructive Approach to the Problem of Loss – by Granger E. Westberg
- After Goodbye: How to Begin Again After the Death of Someone You Love –by Theodore Menten
- In the Center of the Night; A Journey Through a Bereavement – by Jayne Blankenship
- Companion Through the Darkness; Inner Dialogues on Grief – by Stephanie Ericsson
- How to Survive the Loss of Love; Surviving, Healing, & Growing: A Workbook – by Colgrove, Bloomfield, and McWilliams
- Life After Loss – by Bob Deits
- What Will Help Me?; 12 Things to remember When You Have Suffered a Loss – by James E. Miller
- Faithquake: Rebuilding Your Faith after Tragedy Strikes – by Doug Herman
- Ambiguous Loss: Learning to Live With Unresolved Grief
- Angel Catcher: A Journal of Loss and Remembrance
- Finding Your Way through Grief: A Guide for the First Year
- The Four Things That Matter Most: A Book about Living
- A Garden of Love and Healing: Living Tributes to Those We Have Loved and Lost
- God's Gift of Love: After-Death Communications
- Grief Expressed: When a Mate Dies
- Gifts from the Unknown: Using Extraordinary Experiences to Cope with Loss and Change
- The Heart of Grief: Death and the Search for Lasting Love
- How to Survive the Loss of a Love
- Life after Loss: Conquering Grief and Finding Hope
- The Mourning Handbook: A Comprehensive Resource on Coping with Death and Dying
- Transcending Loss: Understanding the Lifelong Impact of Grief & How to Make It Meaningful
- Tear Soup: A Recipe for Healing after Loss
- A Walk through Grief: Crossing the Bridge between Worlds
- The Way of Transition: Embracing Life's Most Difficult Moments
- What to Do When the Police Leave: A Guide to the First Days of Traumatic Loss
- When Bad Things Happen to Good People
- Writing to Heal the Soul: Transforming Grief and Loss through Writing
- Bereaved Children and Teens: A Support Guide for Parents and Professionals - by Earl A. Grollman
- Talking about Death: A Dialogue between Parent and Child - by Earl A. Grollman

## For the Loss of a Child

- Websites
  - [www.alivealone.org](http://www.alivealone.org)
  - [www.compassionatefriends.org](http://www.compassionatefriends.org)
  - [www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)
  - [www.erichad.com/books.htm](http://www.erichad.com/books.htm)
  - [www.tcfatlanta.org/Parental.html](http://www.tcfatlanta.org/Parental.html)
- Readings
  - After the Darkest Hour the Sun Will Shine Again: A Parent's Guide to Coping with the Loss of a Child – by Elizabeth Mehren and Harold Kushner
  - One Step at a Time: Mourning a Child – by Betty Madill
  - A Broken Heart Still Beats: After Your Child Dies – by Marty Tousley
  - The Lively Shadow: Living With the Death of a Child – by Marty Tousley
  - Love Never Dies: A Mother's Journey from Loss to Love – by Marty Tousley

## For the Loss of a Spouse

- Website
  - <https://widowedparent.org/>
- Readings
  - Healing A Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies – by Alan D. Wolfelt
  - The Tender Scar: Life After the Death of a Spouse - by Richard L. Mabry
  - Finding Your Way After Your Spouse Dies - by Marta Felber

## For the Loss of a Sibling

- Readings
  - The Empty Room: Surviving the Loss of a Brother or Sister at Any Age – by Elizabeth Devita-Raeburn
  - Wombmates: Surviving the Death of a Sibling

## Loss of a Friend

- Readings
  - Grieving the Death of a Friend

## After suicide

- Websites
  - <http://www.afsp.org/loss>
- Readings
  - Healing After the Suicide of a Loved One – by Ann Smolin and John Guinan
  - After Suicide – by John H Hewett and Wayne E Oates
  - No Time to Say Goodbye: Surviving the Suicide of a Loved One – by Marty Tousley
  - Silent Grief: Living in the Wake of Suicide – by Marty Tousley

## For children and teens

- Websites
  - <http://www.dougy.org/grief-resources/>
  - <http://www.fernside.org/>
  - <http://www.aacap.org/>
  - [www.covect.org](http://www.covect.org)
  - <http://childrensroom.org/resources/>
  - <http://www.kidsaid.com/>
  - [www.barklayandeve.com](http://www.barklayandeve.com)
  - <https://widowedparent.org/>
- Readings
  - Healing Your Grieving Heart for Teens: 100 Practical Ideas – by Alan D Wolfelt
  - Healing Your Grieving Heart for Kids: 100 Practical Ideas – by Alan D Wolfelt
  - 35 Ways to Help a Grieving Child – by Dougy Center Staff
  - Helping Children Grieve: When Someone They Love Dies – by Theresa M Huntley
  - How Do We Tell Children? A Step by Step Guide – by Marty Tousley

## Specific to donor families

- Websites
  - [www.donormemorial.org](http://www.donormemorial.org)
  - [www.healingthespirit.org](http://www.healingthespirit.org)
  - <https://www.kidney.org/transplantation/donorfamilies>

## For Men

- Readings
  - Men & Grief – by Carol Staudacher
  - Father Loss: How Sons of All Ages Come to Terms with the Deaths of Their Dads – by Marty Tousley
  - Men and Grief: A Guide for Surviving the Death of a Loved One – by Marty Tousley
  - Men Don't Cry and Women Do: Transcending Gender Stereotypes of Grief – by Marty Tousley
  - Swallowed by a Snake: The Gift of the Masculine Side of Healing – by Marty Tousley
  - When Men Grieve: Why Men Grieve Differently and How You Can Help – by Marty Tousley

## For Women

- Readings
  - Letters to My Husband – by Fern Field Brooks
  - Fatherless Women; How We Change After We Lose Our Dads – by Marty Tousley